PASRR fits within rebalancing and disability planning efforts, consistent with Olmstead, ADA, and Money Follows the Person (MFP), to provide person-centered efforts to strengthen access to community options, assist facilities with planning care, and connect individuals with disabilities to other state Long-Term Care resources. Whenever and wherever possible, PASRR should be directed toward educating stakeholders about available community transition and diversion options. The federal objective of PASRR is to ensure individuals with disabilities are placed in the least restrictive, most appropriate level of care to meet their needs. Some individuals may meet nursing home criteria but may also have the capacity to successfully live in the community. When an individual is self-identified or is identified through PASRR as a candidate for community placement, consider community resources.

Exploring Community Resources

TennCare offers a broad array of long-term care services designed to help meet the needs of individuals with complex needs. TennCare is committed to meeting the needs of Tennessee residents and offers a range of community solutions that should be considered for individuals who are assessed through PASRR and who have the capacity for community diversion or transition, including:

**TENNCARE WAIVER PROGRAM CHOICES GROUP 2**

TennCare CHOICES in Long-Term Care (or “CHOICES” for short) is TennCare’s program for long-term care services. Long-term care includes help for persons who live in their home or in the community. It includes help to do everyday activities that an individual may no longer be able to do — like bathing, dressing, preparing meals, or doing household chores. Long term services provided in the community are called Home and Community Based Services, or HCBS.

People in Tennessee’s program called CHOICES Group 2 receive home care (or HCBS) instead of nursing home care. It’s only for adults 65 years of age and older or adults 21 years of age and older who have physical disabilities. To be in CHOICES Group 2, an individual must need the level of care provided in a nursing home, and qualify for Medicaid long-term care. CHOICES HCBS services are provided through an MCO. To receiving HCBS services, the MCO must be able to safely meet the individual’s needs at home; and, the cost of the home care can’t be more than the cost of nursing home care. The cost of home care includes any home health or private duty nursing care the individual may need. The kind and amount of care an individual receives through CHOICES Group 2 depends on the individual’s needs. Here are the kinds of home care covered in CHOICES Group 2.

- **Personal care visits** (up to 2 visits per day) – Short visits lasting no more than 4 hours. Someone will help the individual get out of bed, take a bath, get dressed, fix and eat meals, or use the bathroom.
- **Attendant care** (up to 1,080 hours per calendar year) – The same kinds of help as with personal care visits, but for longer periods of time (more than 4 hours). Attendant care is provided when needs can’t be met with shorter personal care visits.
- **Homemaker services** (up to 3 visits per week) – Help with household chores or errands like laundry, sweeping, mopping or grocery shopping.
- **Home-delivered meals** (up to 1 meal per day).
- **Personal Emergency Response System** – A call button so emergency help can be contacted when a caregiver is not around.
- **Adult day care** (up to 2,080 hours per calendar year) – A place that provides supervised care and activities during the day.
MONEY FOLLOWS THE PERSON (MFP)

Tennessee's MFP program aligns with the CHOICES program and the State's 1915(c) HCBS waivers for persons with Intellectual Disabilities to transition eligible individuals from institutions into qualified residences in the community. Money Follows the Person (MFP) is a federally funded grant awarded to TennCare with the purpose of assisting the state to transition people from nursing homes and institutions to home and community based care, and to also assist the state to rebalance their long term care expenditures. MFP does the following:

- Increases the amount of funding for building better and safer home settings for our members to move into from nursing homes and institutions.
- Increases consumer direction participation
- Increases direct support workforce to ensure there are enough qualified workers to assist people in their own homes

To Qualify for MFP Participation: The individual must be in a nursing home with CHOICES coverage or in an institution and qualify for ICF/MR coverage, and be able to move into a home and community based setting in the future. The individual must also be willing to participate in surveys; the MCO/DIDD may explain this further. An individual with TennCare, may call his TennCare health plan (MCO). The number is on his TennCare card. An individual with intellectual disabilities can call the Department of Intellectual and Developmental Disabilities (DIDD) for free at 1-866-249-0711. If he doesn't have TennCare, contact your local Area Agency on Aging and Disability (AAAD) for free at 1-866-836-6678. Even if he doesn't qualify for Medicaid, other programs may help. Apply online at https://fabenefits.dhs.tn.gov/vip/website/signup?pagename=homepage.

Employed in the community

- In-home respite care (up to 216 hours per calendar year) – Someone to come and stay with in the person’s home for a short time so the caregiver can get some rest.
- Inpatient respite care (up to 9 days per calendar year) – A short stay in a nursing home or assisted living facility so caregivers can get some rest.
- Assisting technology (up to $900 per calendar year) – Certain low-cost items or devices that help the individual do things more easily or safely in the home like grabbers to reach things.
- Minor home modifications (up to $6,000 per project; $10,000 per calendar year; and $20,000 per lifetime) – Certain changes to the home that will help the person get around more easily and safely in the home like grab bars or a wheelchair ramp.
- Pest control (up to 9 units per calendar year) – Spraying home for bugs or mice.
- Assisted Care Living Facility – A place to live that helps with personal care needs, homemaker services and taking medicine. The individual must pay for room and board.
- Critical Adult Care Home – A home where the individual and no more than 4 other people live with a health care professional that takes care of special health and long-term care needs. (Under state law, available only for people who are ventilator dependent or who have traumatic brain injury. The individual must pay for your room and board.)
- Companion Care – Someone the individual hires who lives with him/her in your home to help with personal care or homemaker services whenever needed. (Available only for people in Consumer Direction who need care throughout the day and night that can’t be provided by unpaid caregivers. And only when it costs no more than other kinds of home care that would meet your needs.)

Most of these services will be delivered by providers contracted with an MCO. Some of these services can be provided through Consumer Direction. Consumer Direction offers individuals more choice and control over who gives the home care and how the care is given. The individual actually employs the people who provide some of the home care service. The individual can hire a family member, friend, neighbor or other person. CHOICES won’t pay for more services than an individual must have to safely meet his or her needs at home. CHOICES services provided in the home or in the community will not take the place of care an individual might get from family and friends. CHOICES works in tandem with community programs (like Meals on Wheels), with services paid for by Medicare or other insurance, and with natural supports that can help the individual. If the individual has TennCare, he can call his TennCare health plan (MCO). The number is on the TennCare card. If he has an intellectual disability, he or his representative can call the Department of Intellectual and Developmental Disabilities (DIDD) for free at 1-866-249-0711. If he doesn't have TennCare, contact your local Area Agency on Aging and Disability (AAAD) for free at 1-866-836-6678. Even if he doesn’t qualify for Medicaid, other programs may help. Apply online at https://fabenefits.dhs.tn.gov/vip/website/signup?pagename=homepage.
Important Contacts for these services

- TennCare Family Assistance Service Center 1-866-311-4287
- TennCare Advocacy Program 1-800-722-7474, Non-English services available
- TennCare Solutions 1-800-878-3192
- Tennessee Health Options Hotline 1-888-486-9355
- TennCare Partners Advocacy Line 1-800-758-1638
- Mental Health Association of Middle Tennessee 1-615-269-5355
- Tennessee REDLINE 1-800-889-9789
- TennHelp Resource Directory
- TennCare for Legal Services 1-888-395-9297
- Find a Service Provider: https://mhedapps.state.tn.us/Licensure/Inquiry.aspx?RPT=TDMHDD%20License%20Inquiry
- Housing services: http://www.tnhousingsearch.org/
- Employment assistance: http://tennessee.gov/labor-wfd/cc/ccpartners.htm
- Consumer peer support: http://tn.gov/mental/recovery/PSCenters.html
- General inquiries contact county DHS found at: http://www.tennessee.gov/humanserv/st_map.html

The Office of Consumer Affairs Ombudsman Program investigates complaints for recipients of mental health services and operates a Helpline. Consumer Advocates are available from 8 AM to 4:30 PM (Central) Monday through Friday at 800-560-5767 or from Nashville: 615-532-6700.

the individual does not have TennCare, he may contact his local Area Agency on Aging and Disability (AAAD) for free at 1-866-836-6678. Even if the individual doesn’t qualify for Medicaid, s/he can discuss other programs that may help. Apply online at https://fabenefits.dhs.tn.gov/vip/website/signupservlet?pagename=homepage.

HOME AND COMMUNITY BASED SERVICES (HCBS)—WAIVER PROGRAMS FOR PERSONS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

TennCare Long-Term Service & Supports is responsible for the three Section 1915(c) HCBS waiver programs for persons with intellectual disabilities that provide home and community based alternatives to institutional care. The Department of Intellectual and Developmental Disabilities is the state agency contracted by the Division of Healthcare Finance and Administration, Bureau of TennCare, to operate the state’s HCBS waiver programs.

**Self Determination Waiver Program** The Self-Determination Waiver serves Tennessee citizens with intellectual disabilities who have moderate service needs that can be met with a cost-effective array of home and community services that complement other supports available to them in their homes and the community. The Self-Determination Waiver Program affords participants the opportunity to lead the person-centered planning process and directly manage selected services, including the recruitment and management of service providers. Participants and families (as appropriate) electing self-determination are empowered and have the responsibility for managing a self-determination budget affording flexibility in service design and delivery. The target population for this waiver consists of children with developmental delays and children and adults with intellectual disability who meet ICF/MR level of care criteria. The Self-Determination Waiver Program serves persons who have an established non-institutional place of residence where they live with their family, a non-related caregiver or in their own home and whose needs can be met effectively by the combination of waiver services through this program and natural and other supports available to them. The Self-Determination Waiver does not include residential services such as supported living. To enroll in this program, the participant must: Live in Tennessee; be financially eligible for Medicaid; meet Medicaid criteria for payment of ICF/MR care and for waiver services; have adequate caregiver support to assure the participant’s health and safety; and not need staff-supported residential services. The following waiver services are available based on assessed participant need:

- Adult Dental Services
- Behavioral Respite Services
- Day Services
- Environmental Accessibility Modifications
- Family Model Residential Support
- Individual Transportation Services
- Medical Residential Services
- Nursing Services
- Nutrition Services
- Occupational Therapy Services
- Personal Assistance
- Personal Emergency Response Systems
- Orientation/Mobility Svs for Impaired Vision
- Physical Therapy Services
- Residential Habilitation
- Respite
- Specialized Medical Equipment
- Support Coordination
- Speech, Language, & Hearing Services & Supplies & Assistive Technology
- Transitional Case Management
- Supported Living
PASRR Specific Diversion and Transition Resources from the Department of Intellectual and Developmental Disabilities

Person-centered PASRR evaluations determine the health care options that promote quality of life for persons with ID and RC. The assessments help identify persons that appear to have the capacity to benefit from intensive specialized and rehabilitative services that will allow them to “function with as much self-determination and independence as possible” and prevent reduction in their current level of functioning (Rule 1200-13-01-.02(132), TENN. COMP. R. & REGS., March 2012 (Revised)). The Department of Intellectual and Developmental Disabilities (DIDD) PASRR Program works in conjunction with the DIDD Intake and Case Management Division, to provide enrollment into the Home and Community Based Services (HCBS) Waiver Program for persons in need of intensive specialized and rehabilitative care. This ensures effective discharge planning and provides a long-term care alternative that maximizes opportunities for community-based living.

OTHER COMMUNITY SUPPORT RESOURCES FOR PERSONS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

In addition, there are other community resources and supports available to families in Tennessee, that provide alternative long term care services for persons with disabilities. These include, but are not limited to the following support agencies and state programs:

- Easter Seals Disability Services of Tennessee at (615) 292-6640, (615) 383-3485 (TDD), and http://tn.easterseals.com/site/PageServer?pagename=TNDR_homepage. Easter Seals assists children and adults with disabilities (and their families) receive support services that focus on the entire family.
- TennCare Long Term Care Services and Supports (LTSS) at 1-800-342-3145 and http://www.tn.gov/tenncare/long_overview.shtml provides long term care services for persons with ID through Intermediate Care Facilities (ICFs/MR) or home and community-based settings. The LTSS program services include:
  - TennCare LTSS PACE Program (Program of All-inclusive Care for the Elderly) is a community based adult day care program whose purpose is to serve the frail elderly residents of Chattanooga and Hamilton County.
  - DIDD also offers a Family Support Program to persons who have a severe disability and Case Management to persons currently on the DIDD Waiting List for services.
  - Tennessee Commission on Aging and Disability at 1-866-836-6678 and http://www.tn.gov/comaging/waiver.html provides a Statewide Home and Community Based Services (HCBS) waiver program of community-based alternatives to NF care.
  - Tennessee Disability Coalition at 1-888-643-7811 and http://www.tndisability.org provides advocacy, training, and other assistance to help improve the lives of all Tennesseans with disabilities.

MH Treatment Services:
- Outpatient MH services (therapies and counseling): Find a provider: http://www.state.tn.us/mental/mental_health_serv.shtml
- State Crisis Resources: 1-855-Crisis-1 Or 1-855-274-7471; http://www.state.tn.us/mental/recovery/crisis_serv.html
- Emergency/Suicide prevention: 1-800-273-TALK (8255)
- Housing resources: www.housingwithreach.org

Recovery Services:
- Halfway House, HIV/AIDS Services, Life Development Program, Medical Detoxification, Medically Monitored Crisis Detox (MMCD), Outpatient Services, Intensive Outpatient Services, Pregnant Substance Abusers, Residential Rehabilitation, Social Setting (Non-Medical) Detoxification, Women’s Recovery Oriented System of Care (WROSC), Peer Recovery, Addiction Recovery Program, Gambling Services, Tele-Treatment

DIDD services:
- Waiver resources and rates: http://www.tn.gov/didd/provider_agencies/index.shtml
- Family support services:
  - West 901-213-1872
  - Middle 615-884-1921
  - East 865-588-0508 Ext. 128
  - Statewide 615-532-6552
- Case management, HCBS, TN Self determination waiver http://www.tn.gov/didd/what_we_provide.shtml